

# Join us on CONNECT Career Mentoring and support young people from Hillingdon



Spark! are looking for volunteers who can support a young person with one-to-one career and employability mentoring.

If you would like to be a mentor, please scan the QR code below or [click here for the expression of interest form](#).

- ★ **In-person training session with the Spark! team** ★
- ★ **Six 1:1 mentoring sessions starting in March** ★
- ★ **Celebration event in July** ★
- ★ **Training, resources and support provided by Spark!** ★

Support a young person to develop key skills, from interview preparation to resilience building and more! Offer unique insight into your career and organisation.



**APPLY NOW**



For more information email  
[ronikabhudia@sparkcharity.org.uk](mailto:ronikabhudia@sparkcharity.org.uk)

# What to expect from Spark!'s CONNECT Mentoring Programme

As a volunteer on the CONNECT Mentoring programme, we will ensure you have everything you need in terms of guidance, resources and support

## What we provide

2 hr in-person training session

A 'Mentor Toolkit', inc. resources, activities and guidance

Personalised support every step of the way

## What we need from you

Commitment to the programme and six 1hr mentoring sessions

Flexible diary to schedule in sessions

Patience and understanding for your young mentee

## Frequently Asked Questions

**Q: Where will the mentoring sessions take place?**

*A: The sessions will mostly take place online but can be in-person, at your workplace or a school.*

**Q: What time of day will we do the sessions?**

*A: Sessions can take place during the school day or after school between 4pm and 6.30pm - no later and never on weekends.*

**Q: I've never mentored before - can I still volunteer?**

*A: Yes absolutely! We encourage first time mentors to sign up, and we will support you every step of the way.*

**Q: I can't commit to 6hrs of mentoring sessions - can I still sign up?**

*A: Unfortunately no. We require a commitment of a total of 12hrs, incl. training from all our mentors.*

**Q: What will we cover in the mentoring sessions?**

*A: Development of key employability skills, such as communication, time management, CV writing, interview skills, plus offering unique insights into your career journey and industry. All training and resources, including safeguarding, will be provided.*